**Table Tennis Study Guide**

* Players are **NOT allowed** to put their free hand on the table while the ball is in play.
* During the serve, the ball must be held in the flat palm of the hand and it must be visible to the opponent.
* During a doubles match players **DO NOT SERVE** from an odd or even side of the court according the score. They only serve from the **RIGHT SIDE** of the table.
* A point is scored every time there is a rally, this is called rally scoring. You **DO NOT need to be serving** to score a point.
* You receive unlimited “lets” when playing Table Tennis.
* In doubles, you only serve from the right side of the table.
* The ball **CAN ONLY BOUNCE ONCE** on your side of the table before it’s returned.
* When you hit the ball onto the white line is it considered in bounds.
* In singles, you can serve from anywhere on your side of the table then over the net to anywhere on your opponent's side.
* If the ball hits the net on a serve, it is called a “let”.
* When a “let” occurs the player who just served will get a “re-do” and serve again.
* Hitting the ball before it bounces is called a volley.
* In the game of table tennis, are you allowed to volley the ball **only when the ball is NOT OVER the table and clearly out of bounds.** You cannot volley the ball when it is OVER the table that is considered to be a fault.
* A game is won by the team that **first scores 11 points** and has at least a **2 point lead.**

* The 'shake hands' is the most popular grip. **‘Pen-hold’ grip an ADVANCED PADDLE GRIP.** It is popular for higher skilled players who can utilize topspin and backspin during their game play.
* The server makes **2 consecutive serves** before switching to the opponent.
* During a **rally** in a doubles game, partners **alternate hits.**
* A player loses a point if they do all of the following..
	+ He/she hits the ball twice consecutively.
	+ He/she hits the ball on their side of the court before going over the net.
	+ He/she hits the ball and it does not land the on the opponent's side of the table.
	+ He/she volleys over the table. 
* The next *server* once player “C” finishes their two serves, if they just served to player “A” is **PLAYER “A”.**
* The next *receiver* after player “C” finishes their two serves, if they just served to player “A” is **PLAYER “D”. “C” and “D” switch positions, “D” is the receiver.**